



The Complete TangoKinesis Collegiate Curricula

100 - 600 Course Level Series

100 Beginner Tango Program **(El Programa de Tango - Principiantes)**

The Lesson of the Week follows the curriculum, and may be followed by clicking on the "Lesson" menu.

This is a guided curricula which means that, though the material remains largely the same, schedule and subjects taught may vary according to instructor. Subject titles reflect only the basic subject matter. More fundamentals, steps, patterns, music, etc. are likely to be included in certain classes.

Intro to Tango (Beginner 100 Series) - This course introduces the Argentine Tango through the concepts of natural movement and technical intent. It also provides a rudimentary study of music and rhythms.

AT 100 - Orientation / Intro to Tango

Class 1 - Understanding the Body

Class 2 - the 7 Natural Laws of Movement

Class 3 - The Embrace

Class 4 - The Intent/Response (Partnering; Lead / Follow)

Class 5 - Basic Music & Rhythms (how they relate to dance)

Class 6 - ElCodigo de Tango (The Code of Tango), and dance floor etiquette.

AT 101 - Fundamentals of Tango – (Caminada) The Walk

Class 1 - The Walk: Adelante, Atrás, Costado (Forward, Backward, Side)

Class 1A - The Walk: A Fuera y A Dentro (Outside - Inside – Inside)

Class 2 - The Walk: Playing with Rhythm/s (Rule 1 of The Code of Tango)

Class 3 - The Walk: El Sistema de Mismo Pie (Same Foot / Crossed Feet System)

Class 4 - La Crusada / La Cruz (The Cross) & Rule 2 of The Code

Class 5 - The Arrepentida (The Repent / Rock-Step)

AT 102 - Fundamentals of Tango – (Giros) Rotations

Class 1 - Ocho: Adelante, Atrás (Swivels - Forward, Backward)

Class 2 - Ocho Cortado (The Cut Swivel)

Class 3 - Turning the Walks / Giro (Rotations Right - Left) & Rule 3 of The Code

Class 4 – The Molinete (Windmill / Turning Grapevine)

AT 103 - Fundamentals of Tango – Putting It All Together

Class 1 – Dancing Basic Combinations

Class 2 – Basic Musicality Concepts

Class 3 – Playing with Rhythms

Class 4 – Dancing Compound Combinations

The Improvers' Intermediate Tango (Beginner 200 Series) - This course reviews and expounds on some of the concepts in AT 100 - 03 with emphasis on the Laws and movements. It will introduce the 2 other essential dances; Vals (Waltz) and Milonga (Quickstep). **AT - Tango, V - Vals, and M - Milonga.**

AT 201 - Quebradas, Paradas & Pasadas - (Breaks [Pauses], Stops & Pass-Overs)

Learn these necessary elements of the dance, and their proper Lead / Follow techniques.

AT 202 - The 7 Natural Laws of Movement

Class 1 - An intensive study of the laws, and how they apply to the dance. (extended course)

Class 2 - A continuing intensive study of the laws, and applications with movement and dance. (extended course)

Class 3 - The concluding intensive of the laws; dance and application. (extended course)

Intro to Vals (Beginner 200 Series) - This is the introduction to the (Argentine) Vals. The course follows the same curricula as the Argentine Tango (see Tango).

V203 - Classes 1 - 3 - An introduction to the dance, its basic concepts, music, rhythms, timing, and styling. (might include extended periods)

V203A - Classes 1A - 3A - Introducing the "Inter-related System" to the Vals. Exploring similarities and differences between the dances. (Classes might be taught with the host classes).

Intro to Milonga (Beginner 200 Series) - This is the introduction to the Milonga. The course follows the same curricula as the Argentine Tango (see Tango).

V204 - Classes 1 - 3 - An introduction to the dance, its basic concepts, music, rhythms, timing, and styling. (might include extended periods)

V204A - Classes 1A - 3A - Use the "Inter-related System" to explore similarities and differences between the dances. (Classes might be taught with the host classes).





The Improvers' II - Full Intermediate Tango (Beginner 300 Series) - The series reviews and expounds on some of the concepts in AT100 – M204. AT - Tango, V - Vals, and M - Milonga.

AT 303 - La Asociación: Partnering; Introduction to Entradas & Sacadas

Class 1 - The fundamentals of Entrada (Entrance) and Sacada (Displacement); when and why to use them.

Class 2 - Internal / External Sacadas

Class 3 - Sacadas and Musicality

AT 304 – La Asociación: Partnering; Introduction to Arrastres & Barridas

Class 1 - Active and Passive Forms; The difference/s between the Drag and the Sweep; when and how to use them.

Class 2 - Continued study of Arrastre and Barrida.

AT 305 - La Asociación: Partnering; Introduction to Voleos (Flies) Learn these fundamental elements of the dance, and their proper Lead / Follow techniques.

AT 306 - La Asociación: Partnering; Introduction to Ganchos (Hooks), Enganchadas / Desenganchadas (Wraps / Unwraps) - Learn these necessary elements of the dance, and their proper Lead / Follow techniques.

Mid-Course Review: & Exams: This section of the curriculum is for certificate study only. This section of the program is usually covered over a period of 6 - 8 weeks. It is an intensive 'guided' and 'graded' review and dance practica. Course completion is completely self-paced.

This certified curriculum has been taught in many dance schools around the world. It is a proven program that is guaranteed to produce top quality dancers at whatever level is desired. **We are proud to present the "TangoKinesis: The Missing Dimension in Tango" Dance program as our signature learning series.**



The Intermediate Tango Program

(El Programa de Tango - Nivel Intermedio)

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The Intermediate Tango (400 Series) - This course continues the concepts from the AT 100 - 300 series, and is offered to dancers whom have successfully completed those courses and have a mastery of the fundamentals of the principle dances. A demonstration of a knowledgeable and comfortable working understanding of their steps, patterns, movements, leads / follows might be required. This 400 Series introduces intricate and advanced concepts of the 3 core dances. **AT - Tango, V - Vals, and M - Milonga**

This is a guided curriculum which means that, though the material remains largely the same, schedule and subjects taught may vary according to instructor. Subject titles reflect only the basic subject matter. More fundamentals, steps, patterns, music, etc. is likely to be included in certain classes.

Intermediate Tango (Intermediate 400 Series) -

AT Intermediate 1 – Learn and master advanced concepts, movements, and steps, including:
Alternate Embrace / Connection

AT Intermediate 2 – Learn intermediate and advanced concepts, movements, and steps, Sacada Atrás
(The Rear Sacada) - [Inside / Outside – Forward / Backward]

AT Intermediate 3 – Learn advanced concepts, movements, and steps, Advanced / Multiple Ganchos &
Desenganchar (Wraps / Unwraps)

AT Intermediate 4 – Class 1 - Volcada & Colgada (Leans & Spins); An intensive study of off-axis balance / counter
-balance, and movement. (might include extended periods)

AT Intermediate 5 – Advanced Musicality & Partnering - Learn advanced concepts, movements, and steps,
including: Advanced Rhythm Changes Sharing / Exchanging Lead / Follow

The Intermediate Vals & Milonga (400 A & 400 B Series) - See “The Intermediate Tango”.





The Advanced Tango Program

(El Programa de Tango - Nivel Avanzado)

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The Advanced Tango (Intermediate 500 Series) - This is the Advanced program offered to dancers whom have successfully completed and have a mastery of all requisite courses. A demonstration of a knowledgeable and comfortable working understanding of their concepts, steps, patterns, movements, leads / follows might be required.
AT - Tango, V - Vals, and M - Milonga

1 -2 semester program. Class schedules might vary according to subject, skill levels, enrollment, etc.

Advanced Tango- Learn advanced concepts, movements, and steps, including: Advanced Music/Rhythm Changes, Sharing/Exchanging Lead/Follow; Adv. movements/steps such as carpa, volcada, colgada, cadenas (various), and sequencing.

Advanced Vals- Learn advanced concepts, movements, and steps, including: Advanced Music/Rhythm Changes, Sharing/Exchanging Lead/Follow; Adv. movements/steps such as carpa, volcada, colgada, cadenas (various), and sequencing.

Advanced Milonga- Learn advanced concepts, movements, and steps, including: Advanced Music/Rhythm Changes, Sharing/Exchanging Lead/Follow; Adv. movements/steps such as carpa, volcada, colgada, cadenas (various), and sequencing.

Full-Course Review & Exams: This section of the curriculum is for certificate study only. It covers the entire curricula, and is usually covered over a period of 12 – 16 weeks. It is an intensive ‘guided’ and ‘graded’ review and dance practica. Course completion is completely self-paced.

This certified curriculum has been taught in many dance schools around the world. It is a proven program that is guaranteed to produce top quality dancers at whatever level is desired. **We are proud to present the “TangoKinesis: The Missing Dimension in Tango” Dance program as our signature learning series.**





The Master's Tango Program

(El Programa de Tango - Nivel de Maestría)

The Lesson of the Week follows the curriculum, and may be followed by clicking on the "Lesson" menu.

This is a guided curricula which means that, though the material remains largely the same, schedule and subjects taught may vary according to instructor. Subject titles reflect only the basic subject matter. More fundamentals, steps, patterns, music, etc. are likely to be included in certain classes.



The Master's Curricula - Tango (600 Series) - Neo, Neuvo, Escenario, & Fantasia

Learn and master advanced concepts, movements, and steps. These genres and styles are designed to be used for exhibitions, showcases, staged performances, etc., and are strongly NOT recommended for the social dance floors (milongas).

Performance techniques include: Alternate Embrace / Connection, Advanced concepts such as: Soltar/ Soltada (Solo/Apart), Resbalar/Sostenido (Slide).

Performance techniques include: Advanced concepts of Viboraita (Adv. Ganchos), Salto (Jumps - Fantasia), Advanced Firuletes (Adornments), Patadas (Kicks -Fantasia) Tango for the Stage

See the Advanced Tango (Intermediate 500 Series) for course details.



This is an approved curricula designed in conjunction with the Academia Nacional del Tango BsAs, La Escuela Argentina de Tango BsAs,