



FOR PROFESSIONAL & AMATEUR DANCERS

The Missing Dimension In Authentic Tango

The Beginners' Tango Program (El Programa de Tango - Principiantes)

The Lesson of the Week follows the curriculum, and may be followed by clicking on the "Lesson" menu.

This is a guided curriculum which means that, though the material remains largely the same, schedule and subjects taught may vary according to instructor. Subject titles reflect only the basic subject matter. More fundamentals, steps, patterns, music, etc. are likely to be included in certain classes.



Intro to Tango (Beginner 100 Series) - This course introduces the Argentine Tango through the concepts of natural movement and technical intent. It also provides a rudimentary study of music and rhythms.

Schedule:

AT 100 - Orientation / Intro to Tango

Class 1 - Understanding the Body

Class 2 - the 7 Natural Laws of Movement

Class 3 - The Embrace

Class 4 - The Intent/Response

Class 5 - Basic Music & Rhythm (and, how they relate to the dance)

Class 6 - El Codigo de Tango (The Code of Tango), and dance floor etiquette.

AT 101 - Fundamentals of Tango – (Caminada) The Walk

Class 1 – The Walk: Adelante, Atrás, Costado (Forward, Backward, Side)

1A – The Walk: A Fuera y A Dentro (Outside - Inside – Inside)

Class 2 - The Walk: Playing with Rhythm/s (Rule 1 of The Code of Tango)

Class 3 - The Walk: El Sistema de Mismo Pie (Crossed Feet System)

Class 4 - La Crusada / La Cruz (The Cross) & Rule 2 of The Code

Class 5 - The Arrepentida (The Repent / Rock-Step)

AT 102 - Fundamentals of Tango – (Giros) Rotations

Class 1 – Ocho: Adelante, Atrás (Swivels - Forward, Backward)

Class 2 – Ocho Cortado (The Cut Swivel)

Class 3 - Turning the Walks / Giro (Rotations Right - Left) & Rule 3 of The Code

Class 4 – The Molinete (Windmill / Turning Grapevine)

AT 103 - Fundamentals of Tango – Putting It All Together

Class 1 – Dancing Basic Combinations

Class 2 – Basic Musicality Concepts

Class 3 – Playing with Rhythms

Class 4 – Dancing Compound Combinations



The Improvers' Intermediate Tango (Beginner 200 Series) - This course reviews and expounds on some of the concepts in AT 100 - 03 with emphasis on the 7 Natural Laws of Movement. It will introduce the Vals (Waltz) and Milonga (Quickstep). These dances are essential to the Argentine Tango dancer's education. **AT - Tango, V - Vals, and M - Milonga.**

Schedule:

AT 201 - Paradass & Pasadas (Stops & Pass-Overs)

Learn these necessary elements of the dance, and their proper Lead / Follow techniques.

AT 202 - The 7 Natural Laws of Movement

An intensive study of the laws, and how they apply to the dance. 1 hr - 1.5 hrs.

202 A - The 7 Natural Laws of Movement

A continuing intensive study of the laws, and how they apply to the dance. 1 hr - 1.5 hrs

202 B - The 7 Natural Laws of Movement

The concluding class in the intensive study of the laws, and how they apply to the dance. 1 hr - 1.5 hrs

V 203 - Vals I

Class 1 - An introduction to the dance, its basic concepts, music, rhythms, timing, and styling. (3 class periods)

1A - Applying the Tango basics to the Vals. Fundamental differences between Tango and Vals.

1B - Class 1A continues.

1C - Class 1B continues.

M 204 - Milonga I

Class 1 - An introduction to the dance, its basic concepts, music, rhythms, timing, and styling. (3 class periods)

1A - The basic steps (as they relate to Tango). Fundamental differences to Tango and Vals.

1B - Class 1A continues.

1C - Class 1B continues.



The Improvers' II - Full Intermediate Tango (Beginner 300 Series) - This course reviews and expounds on some of the concepts in AT100 – M204. It will continue the Vals (Waltz) and Milonga (Quickstep). Improving in these dances is essential to the Argentine Tango dancer's education.

AT - Tango, V - Vals, and M - Milonga.

Schedule:

AT 303 - La Asociación: Partnering w/ Intro to Entradas & Sacadas

Class 1 - The difference/s between Entrada (Entrance) and Sacada (Displacement); when and why to use them.

Class 2 - The difference/s between Internal / External Sacadas

Class 3 - The difference/s between Upper / Lower Sacadas

AT 304 - La Asociación: Partnering w/ Intro to Arrastres & Barridas (Active and Passive Forms)

Class 1 - The difference/s between the Drag and the Sweep; when and how to use them.

Class 2 - Continued study of Arrastre and Barrida.

AT 305 - La Asociación: Partnering w/ Intro to Voleos (Wraps)

Learn these fundamental elements of the dance, and their proper Lead / Follow techniques.

AT 306 - La Asociación: Partnering w/ Intro to Ganchos (Hooks)

Learn these necessary elements of the dance, and their proper Lead / Follow techniques.



Mid-Course Review: Intro to Tango Beginner 100 - Improvers' II - Full Intermediate Tango (Beginner 300 Series). This section of the program is usually covered in 2 – 4 sessions over a period of 2 – 4 weeks. It is an intensive 'guided' dance practica, and is completely self-paced.

This certified curriculum has been taught in many dance schools around the world. It is a proven program that is guaranteed to produce top quality dancers at whatever level is desired. We are proud to present the **"TangoKinesis: The Missing Dimension in Tango"**™ Dance program as our signature learning series.



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Improvers' - Intermediate Tango (Intermediate 400 Series) - This course is offered to dancers whom have mastered the fundamentals of Tango, Vals, and Milonga, and have demonstrated a knowledgeable and comfortable working understanding of their steps, patterns, movements, leads / follows. It will introduce intricate and advanced concepts of the 3 core dances. **AT - Tango, V - Vals,** and **M - Milonga.**

AT Intermediate 1 –

Learn and master advanced concepts, movements, and steps, including:
Alternate Embrace / Connection

AT Intermediate 2 –

Learn intermediate and advanced concepts, movements, and steps, including:
Alternate Embrace / Connection
Sacada Atrás (The Rear Sacada) - [Inside / Outside – Forward / Backward]

AT Intermediate 3 –

Learn advanced concepts, movements, and steps, including:
Alternate Embrace / Connection
Sacada Atrás (The Rear Sacada) - [Inside / Outside – Forward / Backward]
Advanced / Multiple Ganchos & Desenganchar [Enganches] - (Unwraps)

AT Intermediate 4 –

Class 1 - Volcada & Colgada (Leans & Spins)

An intensive study of off-axis balance / counter-balance, and movement. 1 hr – 1.5 hrs.

Class 2 - Volcada & Colgada (Leans & Spins)

An intensive study of off-axis balance / counter-balance, and movement. 1 hr – 1.5 hrs.

AT Intermediate 5 – Advanced Musicality & Partnering

Learn advanced concepts, movements, and steps, including:

Advanced Rhythm Changes
Sharing / Exchanging Lead / Follow

V Intermediate Series – Vals II

AT Intermediate Series – Milonga II

AT Intermediate 6 – Intro to Nuevo Tango



Improvers' Advanced Tango (Intermediate 500 Series) - This course is offered to dancers whom have mastered the Intermediate Level concepts, musicality, and partnering skills of Tango, Vals, and Milonga, and have demonstrated a knowledgeable and comfortable working understanding of their steps, patterns, movements, leads / follows. It will introduce higher, more intricate, and advanced concepts of the 3 core dances. **AT - Tango, V - Vals, and M - Milonga.**

AT Masters' Series – Neo, Neuvo, & Fantasia

Learn and master advanced concepts, movements, and steps, including:

Alternate Embrace / Connection

Advanced concepts such as: Soltar / Soltada (Solo / Apart), Resbalar / Sostenido (Slide)

Advanced concepts including: Viboraita (Adv. Ganchos), Salto (Jumps - Fantasia)

Advanced concepts continued: Advanced Firuletes (Adornments), Patadas (Kicks – Fantasia)

Tango for the Stage

Neuvo Tango

AT Masters' Series – Vals III

AT Masters' Series – Milonga III

Class schedules may vary according to subject, skill levels, enrollment, etc.

